

Nutritional Service Prices:

Note: \$35 per half hour for the consultation time will be added to all service prices below

1. Live and Dry Blood Analysis (**includes** Zyto Compass Biofeedback analysis report and handouts): **\$89**
2. Live and Dry Blood Analysis with 3 month ABC+D therapeutic protocol program (**includes** Zyto Compass Biofeedback report and handouts): **\$124**
3. Zyto Compass Biofeedback: **\$20** (free with supplement purchase of \$50 or more)
Note: This services may be free when other services are purchased.
4. DVD of pictures or video of a Live & Dry Blood Analysis session **\$5**
5. Personalized Food Chart based on Metabolic Type, Food Sensitivities, Symptoms and Medical Conditions: **\$50**
Note: This is free if Metabolic Typing and Food Sensitivity Testing services are purchased.
6. Blood Typing: **\$30** (when **not** paying for other services)
7. Blood Typing: **\$20** (when paying for other services)
8. Metabolic Typing: **\$79**
Note: Group Discounts (10 people or more): **\$55**
9. Analysis of the Nutri-Body questionnaire (based on Individual Bio-Chemistry Nutritional Symptomatology) with general nutritional recommendations and detoxification information: **\$50**
Note: This questionnaire is filled online.
10. Hair Element Analysis:
 - a) 45 Essential and Toxic Elements: **\$70.00**
 - b) Environmental Pollutants Profile: **\$180****Note:** These cannot be done on dyed hair.
11. Saliva Hormone Testing. **Prices vary depending on tests ordered. Ask us for the lab fee price list.**
12. Food Sensitivity/Allergy Testing. **Prices vary depending on tests ordered. Ask us for the lab fee price list.**
13. 3 month weight loss support (12 weeks) → includes Metabolic Typing program and 1 hour of nutritional coaching and guidance per week: **\$799**
Note: Group Discounts of 5 or more people: \$749 per person for people who wish to participate together (see p.2 for description)
14. Initial one hour nutritional consultation: **\$70**
Note: This fee may be waived if other services are purchased.
15. 1/2 hour nutritional consultation - in person: **\$35**
16. 1/2 hour nutritional consultation - over the phone or through Skype: **\$35**

- 17. 1 month of unlimited nutritional support and coaching by e-mail (if other services are purchased): **\$125**
- 18. 3 months of unlimited nutritional support and coaching by e-mail (if other services are purchased): **\$300**
- 19. 6 months of unlimited nutritional support and coaching by e-mail (if other services are purchased): **\$500**

Prices for Infrared Sauna:

- 1. Drop in 30min sessions: **\$15**
- 2. Drop in 60min sessions: **\$20**
- 3. 5 X 30min sessions: **\$60**
- 4. 10 X 30min sessions: **\$100**
- 5. 5 X 60min sessions: **\$85**
- 6. 10 X 60min sessions: **\$150**

3 Month Weight Loss Support Program (12 weeks)

\$799 per person (savings of \$155)

***Groups of 5 or more people: \$749 per person
(savings of \$205)**

Includes the following:

- **Metabolic Typing - Find out your Metabolic Type!**
Learn about foods that best suit your metabolism and biochemistry. This program includes a food chart and tons of information handouts.
- **Get the motivation you need to continue and succeed with your weight loss goals!**
12 X 1 hour consultation sessions (Regular price = \$840)
 - You get 1 hour per week of nutritional coaching and support. You get a total of 12 one hour coaching sessions. Additional handouts will be given as needed.
 - Meet with our Registered Nutritional Therapist once per week to go over your progress and get insight and support into what issues may be blocking your progress.

(*Add 12% HST tax to all prices)