INFLAMMATORY BOWEL DISORDERS

*Includes: IBS (Irritable Bowel Syndrome), Colitis, Celiac and Crohn's

*Click here for more detailed information on Inflammatory Bowel Disease.

Inflammatory Bowel Disorders, including IBS, Colitis, Chrohn's disease, Celiac Disease and Ulcerative Colitis involve a breakdown of the intestinal mucosa due to inflammatory processes. This can be caused by antibiotics, food allergies, drugs, chemicals or microorganisms, including parasites. The process involved in healing these problems involves:

1. removing the irritants
2. using Digestive Enzymes to enhance food breakdown
3. rebuild intestinal flora with probiotics
4. repair and tone damaged intestinal tissues

Note: There is also a stress component that must also be identified and addressed.

Some natural remedies to help in this process include:

- Bilberry
- Catnip
- Probiotics
- Thyme

- Vitamin B-Complex
- Wild Yam
- Yellow Dock

The following Natural Sunshine remedies may be used in this process:

- Acidophilus/Bifidobacterium
- Alfalfa
- Aloe Vera juice
- Artemisia/Wormwood
- Bifidophilus Flora Force

- Black Walnut
- Black Walnut Herb Extract
- BWL-BLD
- CLT-X
- Digestive Enzymes

- **Fat Grabbers**

- **Garden Essence Plant Enzymes**

- **IF-C**

- **Licorice Extract**

- **Licorice Root**

- **LIV-C**

- **LoClo**

- **Magnesium Complex**

- **Marshmallow**

- **Marshmallow & Pepsin**

- **Nature's Gold Level I**

- **Nature's Gold Level II**

- **Para Pak**

- **Probiotic 11**

- **Herbal Pumpkin**

- **Horsetail**

- **Protease Plus**

- **Psyllium seeds**

- **Psyllium Hulls**

- **Psyllium Hulls Combination**

- **Slippery Elm**

- **Stress Formula**

- **STR-J**

- **UC3-J**

- **Vitamin B-Complex**

- **Vitamin B-Complex, Synerpro**

- **Yeast Fungal Detox**

Click here for complete ordering instructions on any of the above suggested natural remedies.