

HERBAL CLEANSE REMEDIES

Click on the products to view a description of each one on the website.

Click on the corresponding “Fact Sheet” to read about each product in more detail.

- 1) [All Cell Detox](#) – [Fact Sheet](#)
- 2) [Candida Clear](#) – [Fact Sheet](#)
- 3) [Enviro D-T-X](#) – [Fact Sheet](#)
- 4) [Bod-E-Klenz Cleanse](#) – [Fact Sheet](#)
- 5) [Para Pak](#) – [Fact Sheet](#)
- 6) [Tiao He Pak](#) – [Fact Sheet](#)
- 7) [Yeast Fungal Detox](#) – [Fact Sheet](#)

Click [here](#) to read about natural products you can use around your house to help with the detoxification process.

Click [here](#) for ordering instructions.

Why do a cleanse?

Many people suffer from hormonal imbalances, [Candida](#) overgrowth, recurrent bacterial or viral infections, or a variety of other symptoms due to the hormones, [antibiotics](#), [medications](#) that our bodies are exposed to from our food, the air we breathe, the chemicals we are exposed to, prescriptions medications, etc.... All of these things cause the body to be overwhelmed with [Free Radicals](#), which increases the potential for various disease “symptoms”. [Xenoestrogens](#) are the leading causes of hormonal imbalances today. Please take some time to read more about [Toxins and Health](#). You may also want to read more about [Detoxification](#).

Eating [organic](#) food is a great way to minimize our exposure to hormone disruptors, such as [xenoestrogens](#), or to prevent **toxins** from building up in our bodies. Eating a variety of

raw or lightly cooked vegetables is a great way to maximize intake of minerals and digestive enzymes which help to increase maximum [absorption](#) of nutrients.

Doing a cleanse once or twice per year is a good idea because it kills all [parasites](#), [fungus](#), [yeast](#).....and also kills [bacteria](#)....the good and the bad.....so it is essential that you take [probiotics](#) after you are finished doing the cleanse. The [probiotics](#) will replenish the “good [bacteria](#)” in your digestive flora. They are essential for the [absorption](#) of many nutrients. They also keep the [Candida](#) in our digestive tract “intact” so that it doesn’t overgrow and overwhelm the body. One of the best sources of [probiotics](#) is called [Probiotic 11](#). It has 11 different strains of “good” bacteria. Most other types of [probiotics](#) may only contain a few different strains, but not as many.

Another great thing about doing a cleanse that is “herbal based” is because herbs are nature’s “natural remedies”. They contain many vital nutrients and are often considered to be a highly concentrated “nutrient dense” food source. They contain many types of phyto-nutrients that help to heal the body, in addition replenishing some deficiencies that people may have. Click [here](#) to read more about why we prefer to use herbs for healing and detoxification.

It’s easy to do a detox program:

- [The number one reason for most people doing a cleanse is simply to feel more fully alive.](#) Won't you want to feel more energy yourself? Feel more excited about life, less tired, less stressed, have more energy to exercise and loose some extra pounds as a side effect of it all? Furthermore have a stronger immune system and simply feel more together in dealing with life's challenges?
- Good news is: [You don't need to starve yourself.](#)
- [Now you also don't have to go anywhere](#) in order to participate in one of the herbal cleanse programs. You can just do it from your own home while you can still share your experiences with others if you choose to.
- [Taking a day or even a week off from work IS NOT a requirement](#) as you will have plenty of energy and clarity to manage your daily tasks.
- [NO needs to worry about running out of energy, in fact most people have](#) a lot more energy throughout the whole time they are detoxifying.
- Worried about not having time for food preparation? [These cleanse programs are easy to use and will save you time.](#)
- [Now, the key to a good cleansing program is optimal detoxification.](#) European Biological Medicine refers to it as "**optimizing drainage**". These cleanse programs provides all the nutrients you need for your body to do exactly that - **draining toxins from your tissues. Yes, there is actually a rational behind proper cleansing.** Poorly designed detoxification programs not only don't work but can actually be harmful to your health. My advice is: **Either do it right or don't do it at all!**

Now the key to being successful with this program is to **SIMPLY DO IT!**