

Candida Clear

A 14-day Cleansing Program (84 Packets – 336 Capsules), Stock No. 958-7

A healthy body is host to a delicate balance of friendly microflora. For example, the mucous membranes throughout the body are lined with protective bacteria. If this protective layer of bacteria becomes compromised through various factors such as poor diet, disease or use of certain medications, then the underlying body tissues are attacked by opportunistic organisms such as yeast and fungus. Excesses of yeast and fungus can compromise the immune, digestive and urinary systems.

Candida albicans is a natural part of the body's gut flora, but if factors such as mentioned above lead to its overgrowth, many health problems can result. Candida Clear is a 14-day cleansing program designed to help maintain the normal balance of *Candida albicans* colonization.

Did you know?

Daily supplementation with probiotics (friendly bacteria) is a key strategy in helping to maintain Candida balance. Nature's Sunshine's probiotics will help to populate the gut with friendly bacteria. Take Acidophilus-Bifidobacterium, Bifidophilus Flora Force or Probiotic 11 to help boost and repopulate your friendly bacteria.

NSP Advantage

84 Packets containing a total of 336 capsules.

Mineral/Herbal/Enzyme Combination.

Candida Cleanse is a 14-day cleansing program, which consists of two packs: the Candida Clear Combo pack and the Candida Clear Enzyme pack.

The Candida Clear Combo pack brings together in one convenient package, three different products formulated with natural ingredients such as pau d'arco, caprylic acid and oregano that have been shown to help balance the colonization of *Candida*. Other

ingredients including garlic, selenium and zinc, are used to support the body's immune function.

The Candida Clear Enzyme pack contains a proprietary formulation of enzymes specially blended to provide support to the intestinal tract. *Candida*'s cell wall is vulnerable to the digestive action of the enzymes found in this formula.

Ingredients: The **Candida Clear Combo pack** contains 2 Pau d'Arco capsules, 2 Caprylic Acid Combination capsules and 2 Yeast/Fungal Detox capsules.

Pau D'Arco: Medicinal Ingredients: Each capsule contains 500 mg Pau D'Arco bark (*Tabebuia heptaphylla*). Non-medicinal ingredients: Gelatin capsule (gelatin, water), magnesium stearate (vegetable source), silicon dioxide.

Caprylic Acid Combination: Medicinal Ingredients: Each capsule contains 300 mg caprylic acid, 36.4 mg elecampane root (*Inula helenium*), 31.8 mg black walnut hulls (*Juglans nigra*), 31.8 mg red raspberry leaves (*Rubus idaeus*). Non-medicinal ingredients: gelatin capsule (gelatin, water), maltodextrin.

Yeast/Fungal Detox: Medicinal Ingredients: Each capsule contains 44 mg Echinacea root (*Echinacea purpurea*), 33 mg caprylic acid, 25 mg Pau D'Arco inner bark (*Tabebuia heptaphylla*), 17 mg Garlic bulb (*Allium sativum*), 5 mg zinc (citrate), 15 mg Oregano leaves (*Origanum vulgare*), 10 mcg selenium (Rice Protein Chelate). Non-medicinal ingredients: Cellulose, gelatin capsule (gelatin, water), sodium propionate, sorbic acid, magnesium stearate (vegetable source), maltodextrin.

The **Candida Clear Enzyme pack** contains 2 capsules of NSP's proprietary Candida Cleanse Enzymes blend.

Candida Cleanse Enzymes: Medicinal Ingredients: Each capsule contains 400 mg Proprietary Enzyme

Candida Clear (continued) Stock No. 958-7

Blend (cellulase, protease concentrate, amylase, protease, bromelain, hemicellulase, glucoamylase), and 300 mcg biotin. Non-medicinal ingredients: Gelatin capsule (gelatin, water), cellulose, rice bran, medium chain triglycerides.

Recommendation (adults): Take one **Candida Clear Combo** cellophane packet three times daily with meals. Take one **Candida Clear Enzyme** cellophane packet three times daily on an empty stomach.

For recommendations of foods to eat and foods to avoid, refer to the product packaging.

Risk Information: Do not take this product if pregnant or breastfeeding. Do not exceed recommended dose. If symptoms of headache, nausea or diarrhoea develop, reduce dosage and see your health care practitioner. Keep out of the reach of children.

Features & Benefits

- Helps control candida overgrowth through its destructive action on yeast cell walls. Helps maintain normal balance of the colonization of *Candida albicans*.
- Supports normal microorganism balance throughout the body. Maintains the delicate balance of intestinal flora in the colon and fights harmful bacteria and fungi.
- Creates an unfriendly environment for yeast and fungus.
- Contains herbs used traditionally to help treat systemic yeast infections like *Candida albicans*, and also to expel a variety of intestinal parasites and worms.
- Promotes good digestion and elimination.
- Supports the immune system.
- Stimulates detoxification in the liver.